



Husky Happenings

April 2017

Excellence, Integrity, Leadership

Husky Happenings – April 2017

HERITAGE HEIGHTS HIGHLIGHTS

Students have been involved in Clay for Kids, lacrosse enrichment, field trips to the Calgary Zoo and Glenbow Museum, high school tour and registration.

Kudos to our entire student body for raising over \$2400 for Sierra Leone! This global awareness led by our junior high Leadership class will directly support the purchases of medical supplies.

UPDATES

Welcome back to Ms. Alen in grade 6 who returns from her leave. Welcome to Ms. Shealeigh Brandford who is joining our team until the end of June in grade 7 (Mrs. Brown maternity leave).

Safety is our primary concern when students are being dropped off in the morning or picked up at the end of the day. Please use our south parking lot for parking when dropping off or picking up your child. Parents are parking at the top of our bus loop (near SSSR). This presents a safety concern when students are running across the road. In addition, this is the only entrance and exit to Heritage Heights, SSSR and St. Francis of Assisi. By keeping this area clear, we not only keep our students safe, we allow for a smooth traffic flow at a congested dismissal time.

We are well into our planning for next year. Teachers will begin the process of classroom placement for students in May. With that in mind, we recognize parents play an important role in determining what is best for your child. We recognize there may be situations where parents have additional information for us to consider when making placements for the next school year. Collaboratively, administration and teachers base our decision on what is in the best educational interests of children. In the coming weeks, you can expect a letter home that outlines the process we follow. At that time, should you wish to provide us an educational reason to consider, please ensure you are making a request where the educational reason is clear. We are not asking parents to request particular teachers. We do consider all requests that are made for class placement, however, not all requests are accommodated. All requests must be submitted by the stated deadline in order to be considered.

Well done to our senior boys basketball team for their bronze finish in zones as well as our junior boys basketball team for their gold finish in league play! Thanks to our community coach Ms. Katie (seniors) and Mr. Gardner (juniors).

A reminder to visit our website for important dates and information. <http://heritageheights.fsd38.ab.ca>.

I am always happy to meet with parents to discuss any aspect of our school.

Joanne Higgins

Principal

higginsj@fsd38.ab.ca

SPECIAL POINTS OF INTEREST:

- Administration / Office
- Monthly Calendar
- Parent Council News
- Health & Wellness

SCHOOL COUNCIL NEWS



Spring Fundraiser

Plants from DeVry Greenhouses!

Buy your planters, hanging baskets and annuals and support the school!

Purchase your products by **April 28th** online at:



www.HeritageHeightsSchool.GrowingSmilesFundraising.com

Delivery **May 12th 3 - 6pm** at Heritage Heights School

Bottle Drive

Next Bottle Drive Is May 23rd – 26th 2017.

Donations are accepted *year round* at the **Okotoks Bottle Depot - 211 Stockton Ave.** Please ask for the Heritage Heights Binder to record your donation!

Join us at the next Parent Council Meeting - APRIL 25th @ 7PM

APRIL 2017

	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Gr 1's Zoo Field Trip	4	5 Gr 6 Beg Band @ Sen Ryley (PM)	6 Partner Band Rehersal @ OJHS (AM)	7	8
9	10	11	12	13 Easter Break Early Dismissal 12:15 am	14 Easter Break	15
16	17 Easter Break	18 Easter Break	19 Easter Break	20 Easter Break	21 Easter Break	22
23	24 Back to School	25 School Council Mtg @ 7 pm	26 Gr 7 Badmin Div	27 Gr 9 Badmin Div	28 Spirit Day	29
30			Musical @ 1:30 pm	Gr 5 & 9 Vaccina- tions Round 3		



Health & Wellness.....

The use of technology is one of the most talked about concerns in my office. Parents share that they are concerned about the amount of time their child/teen spends on technology; some wonder if there is even an addiction. Students share with me that their technology use often turns into an argument at home, and that parent's "just don't understand" their technology use.

As a reminder, Foothills School Division is hosting two screenings of the Screenagers movie. The first is April 3rd in Okotoks, and the following night it will be shown in High River. Please visit www.fsd38.ab.ca for more information and to reserve your free ticket.

Also visit the Screenagers website for information about creating a screen time family agreement. Creating a family contract allows your family to have a discussion about your values and beliefs about technology, and allows you to come up with a family agreement about usage and limits. Remember, we are more likely to change our behaviour through the use of positive incentives rather than consequences. To ensure you are hearing your child's voice in the creation of a family agreement you could use a worksheet like the one found here: <http://www.entrepreneurkidsacademy.com/how-to-create-a-family-screen-time-contract>.

Please feel free to contact me if you have any further questions about creating screen time family agreements.

Sharon Rag, B.S.W., R.S.W.

Family School Liaison Counsellor

Heritage Heights (M, W, F) – 403 938 1400

Red Deer Lake (T, Th) – 403 938 5984

Healthy Family Tip: A person's emotional health comes from a combination of their attitudes, personality, support systems, and brain chemistry. Keeping a positive attitude, making healthy lifestyle choices and talking to trained professionals about feelings, will help us through many of life's difficulties.

Synergy

Sometimes life isn't just about finding that one thing you can do and then doing it the best that you can.

Sometimes it's about taking the individual things that you are good at and using them in a way to create something that is much larger and more powerful than the sum of its parts.

Excerpt from SYNERGY



Administration

Please remember to check our website for updates on all important activities and dates.

We are always happy to meet with parents to discuss any aspect of our school.

Joanne Higgins

Principal

higginsj@fsd38.ab.ca

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Fax: 403-938-1122

Website: heritageheights.fsd38.ab.ca/

Transportation (Bus)

Phone: 403-652-6547